
Food for the Soul

Apple Muffins

Breads/Breakfast

2 C flour

1 T baking powder

1/2 t salt

1/3 C sugar

1 t cinnamon

1 C milk

1/3 C shortening

1 C grated apple, with peel

1 egg, beaten

Instructions

Sift together the first 5 ingredients. Add the rest of the ingredients and mix lightly. Fill muffin pan 2/3 full. Bake for 25 to 30 minutes at 375 degrees.

I was baptized in August of 2006, after attending Vacation Bible School. I know I have been adopted as God's child. Ephesians 1:5 says, "He predestined us to be adopted as his sons through Jesus Christ, in accordance with His pleasure and will."

I belong to God! Do you know who you are!?

--Katie Enderline, age 8
