
Food for the Soul

Butterbeans 'n' Sausage

Main Dishes

1 2-lb bag large lima beans
2 links beef, pork or turkey smoked sausage
1 t salt
1/2 t pepper
1/2 t garlic powder
1 t onion powder
2 drops Tabasco sauce
1 t sugar
1 T butter

Instructions

Wash beans and add to several quarts of water in a large cooking pot. Cook over medium heat about 30 minutes...stirring beans several times. Add water to keep sufficient juice on beans. Cut sausage into bite-size pieces and add to beans. Stir in garlic and onion powder, salt, pepper and Tabasco sauce. Cook another 30 minutes or until beans are tender and juice is thick, stirring occasionally. Add water only if needed to keep thick consistency. Stir in sugar and butter when done. Serve in bowls with sides of corn bread, garden salad and little green onions.

Jesus is the Light in my darkness. As a freshman in college, I knew I wanted to coach football and track and field events in a public school, but I could not see myself teaching academic courses in a classroom. Then, in May, the end of my first year of college, I was involved in a car accident that caused damage to both my eyes. I was blind and in fear of the future. The eye specialist determined the right eye had a fifty percent chance of healing, and that it would take a miracle from God for the vision to return to the left eye. I prayed to Jesus and He gave me the vision of seeing myself sitting at a desk in a classroom teaching students. In my state of blindness, my Lord gave me the profession He wanted me to be in. So, I made the commitment to my Lord to major in education when my sight would return. Nine days later, the bandages came off and I had the miracle from God, perfect vision. I enjoyed a very rewarding 35-year career of teaching and coaching in the Texas public school system. Jesus truly is the Light in my darkness. He saved my sight as well as my soul, so I praise him daily.

--George A. Black
